



Early Journal Content on JSTOR, Free to Anyone in the World

This article is one of nearly 500,000 scholarly works digitized and made freely available to everyone in the world by JSTOR.

Known as the Early Journal Content, this set of works include research articles, news, letters, and other writings published in more than 200 of the oldest leading academic journals. The works date from the mid-seventeenth to the early twentieth centuries.

We encourage people to read and share the Early Journal Content openly and to tell others that this resource exists. People may post this content online or redistribute in any way for non-commercial purposes.

Read more about Early Journal Content at <http://about.jstor.org/participate-jstor/individuals/early-journal-content>.

JSTOR is a digital library of academic journals, books, and primary source objects. JSTOR helps people discover, use, and build upon a wide range of content through a powerful research and teaching platform, and preserves this content for future generations. JSTOR is part of ITHAKA, a not-for-profit organization that also includes Ithaka S+R and Portico. For more information about JSTOR, please contact support@jstor.org.

BOOK REVIEWS

OUTLINES OF PHYSIOLOGY. By Edward Groves Jones, A.B., M.D., F.A.C.S., Professor of Surgery, Emory University, Atlanta Medical College, and Allen H. Bunce, A.B., M.D., Associate in Medicine, Emory University, Atlanta Medical College. Fourth edition, revised. One hundred and eleven illustrations. P. Blakiston's Son and Company, Philadelphia. Price, \$1.50.

Notwithstanding its name, this book seems a very complete presentation of an intricate subject, for the use of students and practitioners. It requires careful reading, but is prepared in such a manner that it would be invaluable for reference. No idea of the extent of its contents is given by the number of pages, 364, as the text is very closely printed. The illustrations give minute detail.

THE EXPECTANT MOTHER. By Samuel Wyllis Bandler, M.D., Professor of Gynecology in the New York Post-Graduate Medical School and Hospital. 12 mo., volume of 213 pages with 14 illustrations. W. B. Saunders Company, Philadelphia and London. 1916. Price, \$1.25.

It is well for the success of some books that the authors are able to stamp them with their individuality, otherwise the constant presentation of subjects which have been thoroughly written up, would prove lamentable failures. Painstaking effort does not enable one to find any new ideas in this book, but this does not mean that it has not actual merit. Many good things are said, but it treats of a well-worn, if ever interesting subject.

AMERICAN RED CROSS TEXT-BOOK ON HOME DIETETICS. By Ada Z. Fish, Head of Art and Home Economics Department, William Penn High School, Philadelphia. Seven illustrations. P. Blakiston's Son and Company, Philadelphia. Price, \$1.

This book is designed for general use in classes being taught, under the auspices of the Red Cross, in a course of fifteen lessons. It is an attractive little book which will make all who may be fortunate enough to see it, immediately want to follow its instructions. The best and most nutritive kinds of food are mentioned, the best way of getting the most good from any special food, simple ways of cooking are outlined, and all this for the benefit of those who are in good health! There is

little special instruction on food for the sick, as the writer probably thinks that if those who are well are properly fed, those who may be ill will not suffer. There is a lesson on the chemistry of bread making. The reasons given for the methods of cooking help to impress the recipes on the mind. One lesson tells of bill-of-fare making, another the preparation of a supper or luncheon. Miss Fish gives various books as references for the benefit of those wishing more extensive information, we rarely see so complete a treatise in such a compact form.

THE PREVENTION OF DISEASE. A Popular Treatise. By Kenelm Winslow, B.A.S., M.D., attending Physician to Seattle City Hospital and King County Hospital, Washington; recent Vice President of the American Association for the Study and Prevention of Infant Mortality. W. B. Saunders Company, Philadelphia and London. 1916. Price \$1.75.

Dr. Winslow's book is written for the layman. The usual list of diseases is brought to the attention of his readers, and it would be appalling if the methods for their prevention as presented, were not seemingly so simple, at least to the partly informed, that one wonders how it is they miss being part of everyone's daily life. Public education in health has reached such wonderful proportions during the last decade that if one's goal is a prolonged life, the observance of simple rules of living would seem to make it possible. We are cautioned, however, not to lose sight of the fact that when there is trouble of any kind, its exact nature should be determined, early.

A chapter on Cancer, and one on Common Local Causes as a Source of Serious General Diseases, are particularly strong. The author gives his readers the benefit of his experience gained by a practice of a quarter of a century.

The foreword is written by Dr. Charles Mayo and many of the chapters have introductory notes by men prominent in the medical profession. As the author justly says, "These leaders would be unwilling to lend their distinguished names if they did not believe that the book would aid in bettering the lives of its readers."